

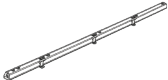
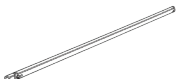
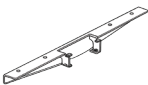
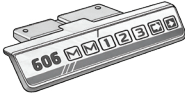
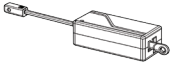
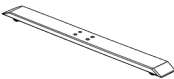
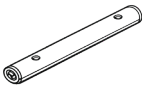
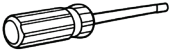
Rise Up Essential

Assembly, Use, and Safety Instructions

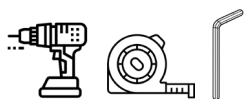
READ AND UNDERSTAND BEFORE USE.

Improper adjustment or overloading may result in device damage or injury.

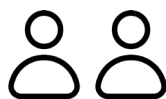
Parts:

 Desktop	 Frame	 Center rail	 Side bracket	 Handset	 Column
 Adapter	 Adapter housing	 Feet	 Column	 Power cord	 M6*14 M6*16 M6*25
 M2.5 Allen Wrench	 M5-0.8*4	 ST5*16	 Aluminum driver rod	 Wrench	 Thread bucket
				 Phillips head screwdriver	

Required Tools & Installers:



Installation Tools
(Self - Provided)

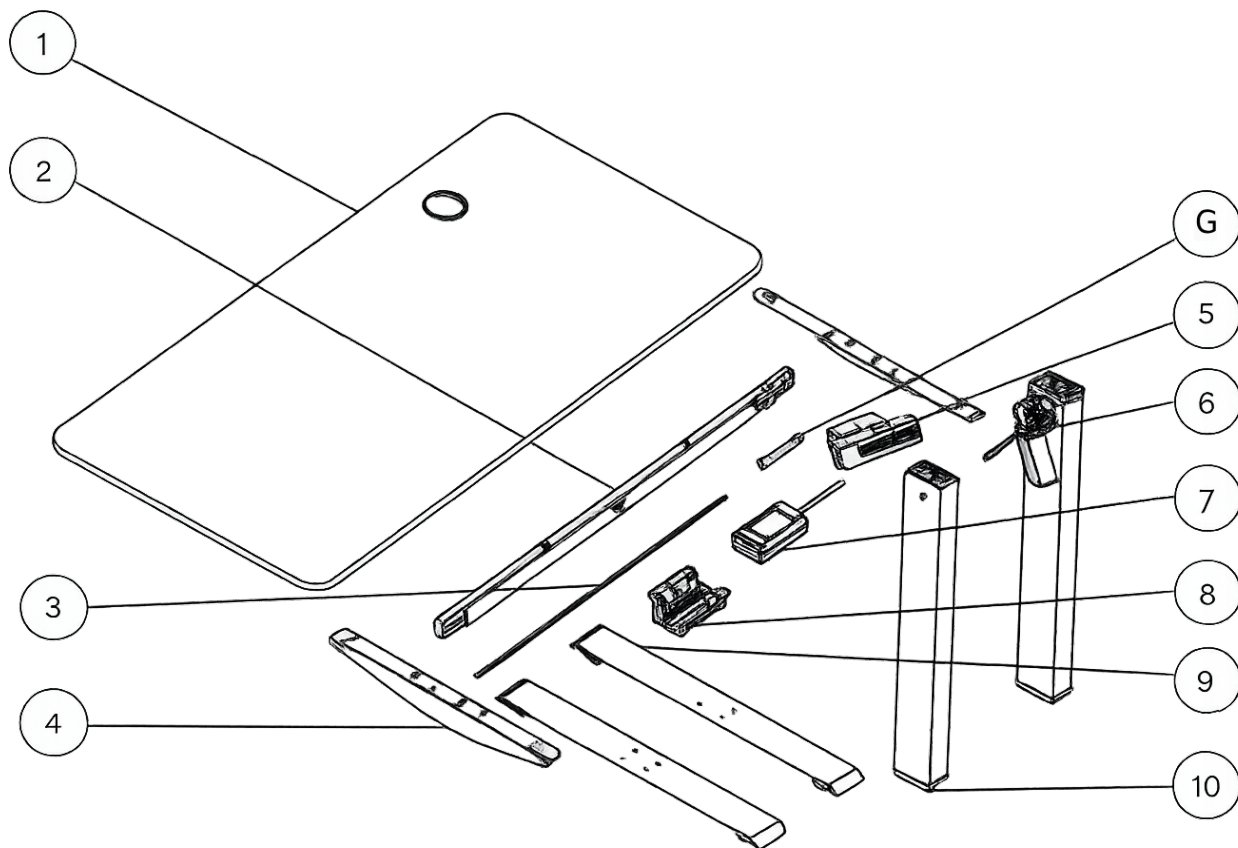


At least two persons
required for installtion

30 min

Required time for
insatallation

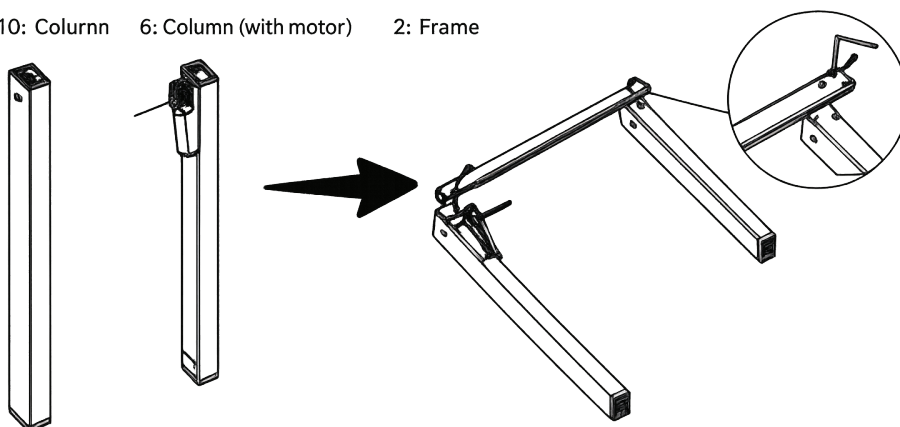
Package Contents



Assembly Instructions

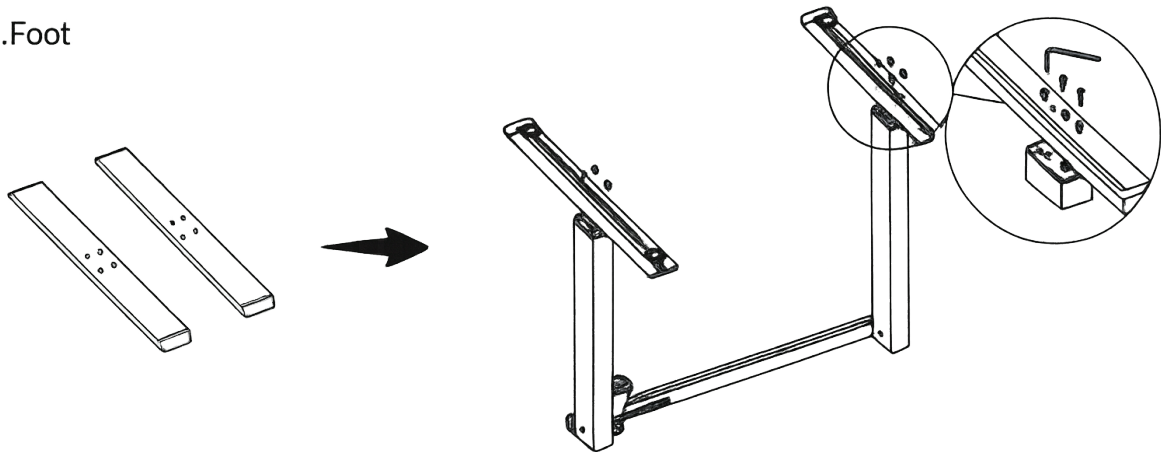
STEP 1: Prepare the columns (10, 6) and frames (2) as shown in the following figure. Use the M4 wrench (D) M6*25 screws to connect the two columns to the frame. Tighten all screws.

10: Columnn 6: Column (with motor) 2: Frame



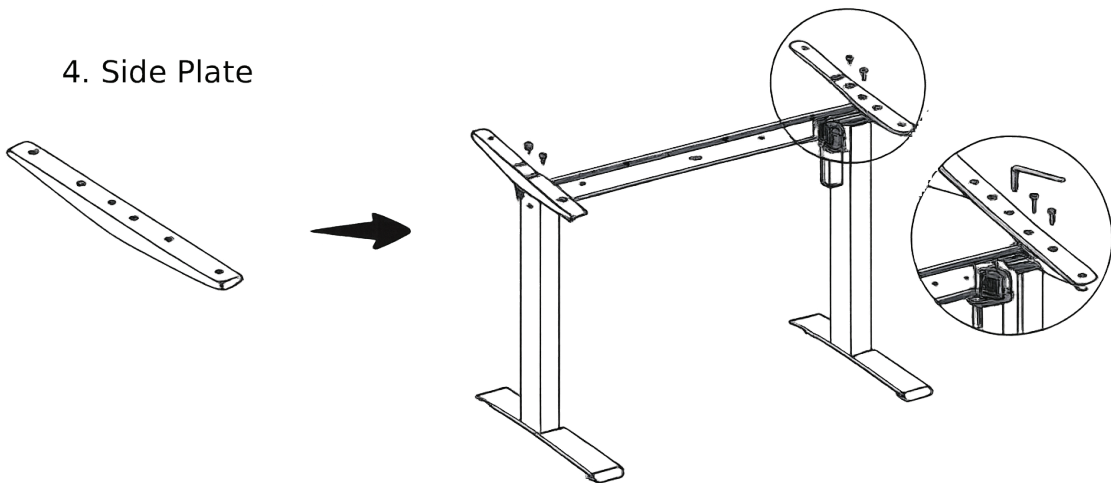
STEP 2: Connect the feet to the bottom of the frame with the M4 wrench and M6*14 screws. Tighten all screws.

9.Foot



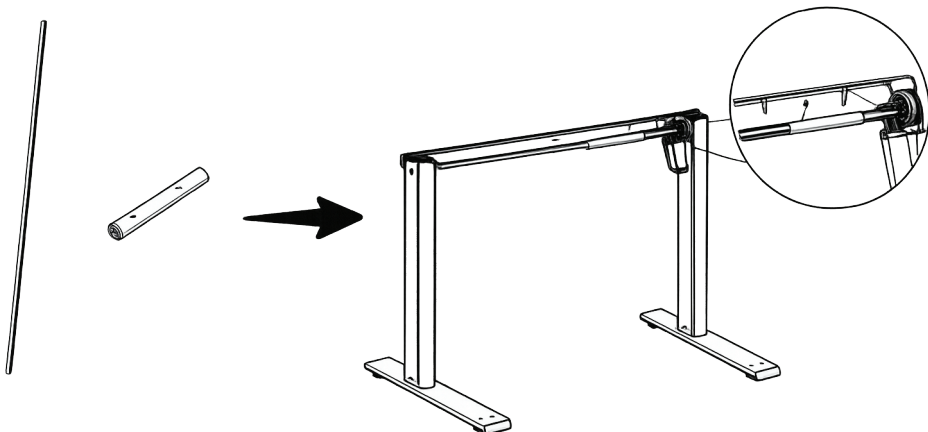
STEP 3: Insert the hexagonal drive rod (3) into the column with movement (6) and the opposite column (10). If alignment is difficult, use the wrench (J) to slightly rotate the rod until both ends fit properly. Secure using two M50.84 screws (E) and ensure the rod is fully seated before tightening.

4. Side Plate

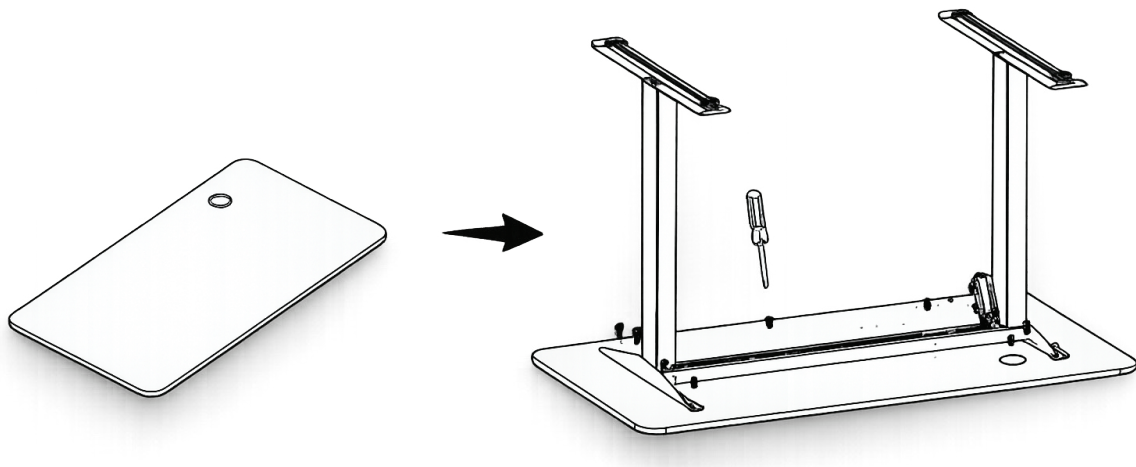


STEP 4: Connect the side panel to the top of the frame with M6*16 screws and the M4 wrench.

3:Hexagonal bar G.Aluminum drive rod



STEP 5: Connect the desktop to the frame with the Phillips head screwdriver (J) and ST5*16 screw (H).

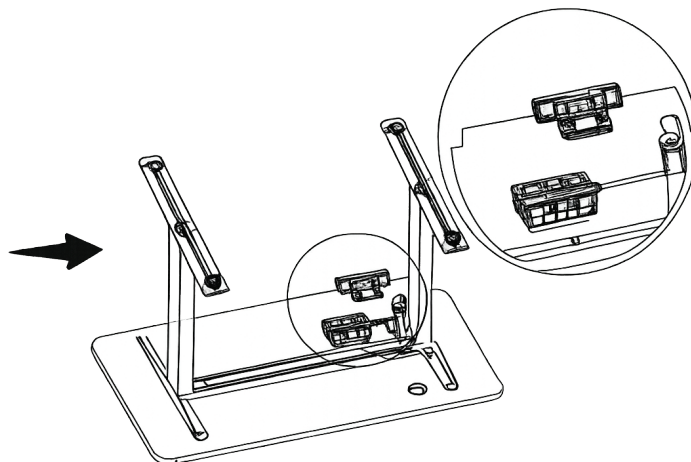
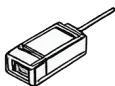


STEP 6: Connect the adapter housing and adapter to the desktop with ST5*16 screws (J). Connect the keypad to the desktop with ST5*16 screws (J).

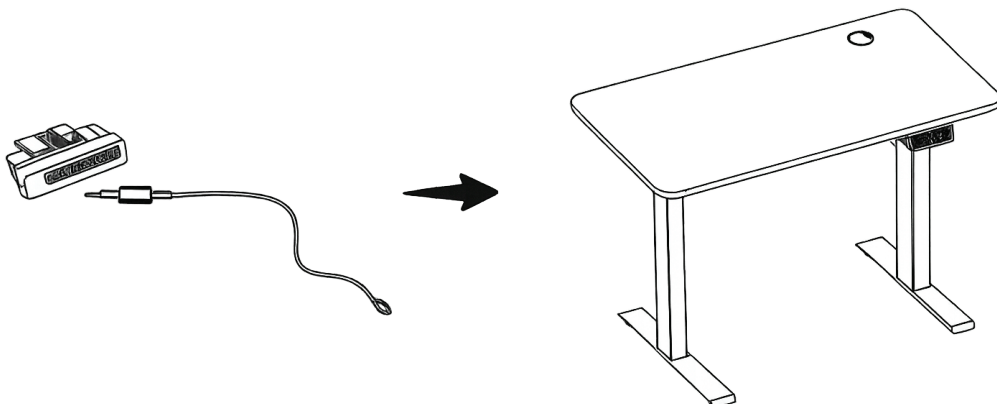
5: Manual Controller



7: Adapter



STEP 7: Connect the column cables and the handset (controller) cable to the control box. Then connect the power cord to the adapter. Route all cables neatly under the desk and secure them using clips or ties. Ensure cables are kept away from moving parts and have enough slack for height adjustment. Turn the desk upright with assistance and plug the power cord into a wall



Tip: Save memory setting #1 as your preferred sitting height and #2 as your preferred standing height.

Operating Instructions

Before adjusting your desk, ensure no obstacles will block or obstruct the desk's movement, that the desk is not against a wall, and that all cables are long enough to move with the desk

Reset Instructions

How To Reset Your Desk:

- Press the DOWN arrow to lower your desk all the way.
- Press and hold DOWN arrow for ~5 seconds. The keypad's screen should show "RST".
- Press the DOWN arrow until the keypad's screen shows the numerical height.

When To Reset Your Desk:

- Reset is often required after first assembly, when the desk loses power, and if the desk is not functioning properly.

Adjusting Your Desk Height:

- Press and hold the UP arrow to raise your desk.
- Press and hold DOWN arrow to lower your desk.

How To Use The Memory Buttons:

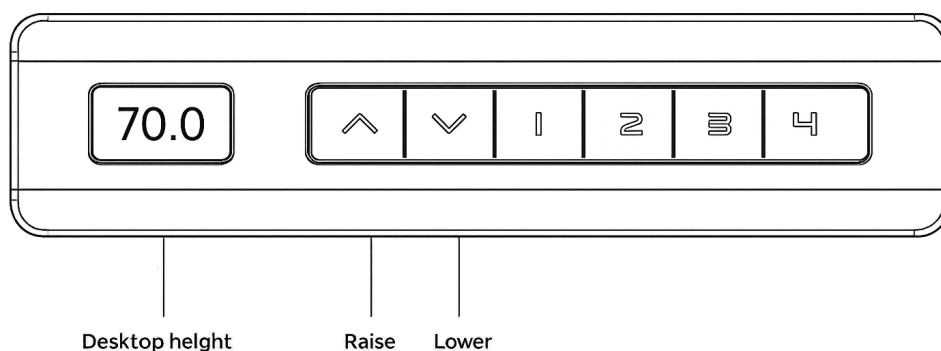
- Adjust the desk to your desired height.
- Press and hold the number button (1, 2, 3, or 4) for ~3 seconds until the digital number flickers.

Lock / Unlock Your Desk:

- To lock your desk, press and hold both (1) and (2) keys simultaneously for ~3 sec. The digital display should show "LOC".
- To unlock your desk, press and hold both (1) and (2) keys simultaneously for ~3 sec until the digital display shows the numerical height.
- Unlock mode: in LOC locked state, press and hold keys (1) and (2) for ~3 sec at the same time, the digital tube jumps back to the digital display, key unlock key operation is effective.

Change Display Units:

- To change between CM and IN, press and hold keys (1) and (3).



WARNING:

- Make sure that children, pets, etc are away from the desk during operation. Unplug the power supply if the desk will not be used for a long time or there is a lightning storm.
- Ensure that the desktop does not touch the wall.
- Ensure that the desk is free of all obstacles during operation and that no obstacles taller than 19.7" (500 mm) are under the desk.
- Keep dust, corrosive gases, liquids, and other objects away from the desk. Only operate in temperatures from 32 - 104°F.
- To avoid injury, only operate when hands and other body parts are in safe positions away from the desk.
- Reset the desk before initial use, during power outages, and as needed.
- Before use, please read and understand the operating instructions.

 Adjustment Safety

- Operate only while observing desk movement.
- Stop immediately if obstruction, unusual noise, or resistance occurs.
- Anti-collision features may reduce risk but do not prevent all injury or damage.

SAFETY AND LEGAL INFORMATION

 General Safety Warnings

- Pinch and crush hazard. Keep hands, feet, pets, and objects clear while raising or lowering.
- Assembly required. Follow instructions and verify all fasteners are tight before use.
- Electrical components present. Use only with properly grounded outlets and approved power supplies.
- For indoor use only. Keep liquids away from control panels, motors, and power supplies.
- Not intended to support body weight. Do not sit, stand, climb, or hang on the desk.
- Unplug the desk before cleaning or servicing. Do not use damaged cords or adapters. Use only approved replacement parts.
- Do not exceed the maximum rated load for your specific model. Load includes desktop and all items placed on the desk.
- Distribute weight evenly. Do not load heavy items on one edge or corner.
- Keep children and pets clear during operation. Do not allow children to operate controls.
- Before adjusting, ensure that no obstacles are in the desk's path. All cords are the appropriate length to accommodate the change in height.
- Do not sit or stand on the desk frame. Do not crawl or lie under the desk frame.
- Do not place any object taller than 20" underneath the desk.
- Do not open any of the components - the legs, control box, or switch. There is a danger of electric shock.
- This product is designed with a duty cycle of 10% (2 min. on 18 min. off).
- In the event of power outage or if the power cord is unplugged, a manual reset may be necessary.
- Do not overload the handset cord. Route cables to avoid pinch points during height changes.

Stop-Use Notice

- Discontinue use if instability, electrical malfunction, or damage is observed.

Important Legal Disclaimers

- Not a medical device. This product is not intended to diagnose, treat, cure, or prevent any medical condition.
- Uncaged Ergonomics LLC assumes no liability for injury, property damage, or loss resulting from misuse, improper assembly, failure to follow instructions, or use in unsafe environments.
- Use of this product constitutes acceptance of all safety instructions, warnings, and limitations of liability described herein.

Model Addendums

- Rise Up Frame: Load rating applies to frame only. User is responsible for desktop compatibility and secure attachment.
- Rise Up Essential: Maximum load 155 lb total (includes desktop and all items).
- Rise Up Glass: Glass desktop hazard. Avoid impacts and uneven loading. Keep liquids away from integrated ports and outlets.
- Rise Up L-Shaped: Balance loads across both surfaces. Uneven loading may reduce stability.

Manufacturer Information

Designed by Uncaged Ergonomics LLC (USA)
Made in China

Need Help?

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