

# Getting started with your



1. When your ball arrives, remove it from the packaging and inspect it for shipping damage. Don't worry if your ball has slight fold marks...this is normal.
2. Spread out the ball on the floor, allowing most of the creases to come out. The ball should be flat, with the inflation hole side up.
3. If the ball feels cold or hot to the touch, allow it to come to room temperature before inflating it.  
*NOTE: Your ball will contain a packet with an EXTRA PLUG and ADAPTER (distinguishable from the plug by being threaded on one end so it can attach to a bike pump or compressor).*
4. **BEFORE INFLATING the ball:**  
*NOTE: The ball's ideal diameter is 42" - 44" (height off the floor).*  
Before inflating, measure and mark the ball's maximum diameter on a door or wall. You will inflate the ball according to size, not pressure.
5. Begin INFLATING: This is most easily accomplished using an electric air compressor.
6. When the ball approaches the mark you made on the wall, quickly insert the plug into the ball. You can use a yardstick to compare the ball's height to the mark. If necessary, add more air.
7. STOP INFLATING when the ball reaches the level of the mark. Your ball is now ready to use. Have fun!

## **Here are some of Pat Parelli's basic suggestions for safely introducing the ball to your horse and inspiring his/her curiosity, bravery and confidence, rather than fear:**

- Introduce the ball by rolling it WHILE WALKING AWAY from your horse.
- When your horse seems comfortable, try bouncing the ball around him/her.
- Walk briskly while kicking the ball...your horse will most likely follow.
- Sit on the ball while playing the Seven Games.
- Incorporate the ball into the Seven Games in all sorts of creative ways.

### **OTHER IMPORTANT INFORMATION:**

*Contains small parts not suitable for children under 3 years of age. Avoid contact with sharp or pointed objects. DO NOT leave ball unattended with horse. THE PARELLI BALL IS NOT INDESTRUCTIBLE: if over-inflated, broken because of aggressive treatment by horse, or slashed by any sharp surface, we cannot replace it free of charge. It is returnable within 30 days of purchase, if unused and in original packaging, with receipt/proof of purchase enclosed. If your ball breaks due to suspected manufacturer's defect, please notify us and ship the ball back to us for inspection. If it is defective, we will know it, and we'll replace your ball and refund your shipping costs. Note: Pat Parelli's team successfully re-inflates ball many times during tour, and Pat and horses play with this ball very hard. It should be plenty tough for useful fun!*