

Nutrition Label

Fu Mint 01

Nutrition Facts	
Serving size	2 1/5 g
Amount per serving	
Calories	5
	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0mg	0%
Potassium 20mg	0%
Magnesium 5mg	2%
Calories per gram:	
Fat 9	• Carbohydrate 4
	• Protein 4

Recipe/Formula Nutrition Analysis Report

Fu Mint 01

Serving size: 2 1/5 g
 Servings per Container: 1
 Data Source: nutraCoster Analysis

Nutrient	Amount	Nutrient	Amount
Magnesium	6.820 mg	Beta-Cryptoxanthin	0.000 µg RAE
Calories	6.616 kCal	Lycopene	0.000 µg RAE
Carbohydrate	1.603 g	Lutein + Zeaxanthin	0.000 µg RAE
Total Sugar	1.236 g	Thiamin	0.000 mg
Added Sugar	n/a g	Riboflavin	0.000 mg
Fiber	0.002 g	Niacin	0.000 mg
Calories	6.616 kCal	Vitamin B6	0.000 mg
Carbohydrate	1.603 g	Vitamin B12	0.000 µg
Protein	0.007 g	Betaine	n/a mg
Total Sugar	1.236 g	Biotin	0.000 µg
Added Sugar	n/a g	Choline	0.000 mg
Other Carbohydrates	0.053 g	Folate	0.000 µg
Sugar Alcohol	0.000 g	Folate DFE	0.000 µg DFE
Saturated Fat	0.026 g	Food Folate	0.000 µg
Total Fat	0.026 g	Folic Acid	0.000 µg
Monounsaturated Fat	0.000 g	Inositol	0.000 mg
Polyunsaturated Fat	0.000 g	Pantothenic Acid	0.000 mg
Omega-3 Fat	0.000 g	Vitamin C	0.000 mg
Omega-6 Fat	0.000 g	Vitamin D	0.000 µg
Trans Fat	0.000 g	Vitamin D2	n/a µg
Cholesterol	0.000 mg	Vitamin D3	n/a µg
Other Fats	n/a g	Vitamin E	0.000 mg
Sodium	89.240 mg	d-Alpha-Tocopherol	0.000 mg
Water	0.034 g	dl-Alpha-Tocopherol	0.000 mg
Ash	0.282 g	Beta-Tocopherol	0.000 mg
Alcohol	0.000 g	Gamma-Tocopherol	0.000 mg
Caffeine	0.000 mg	Delta-Tocopherol	0.000 mg
Theobromine	0.000 mg	Alpha-Tocotrienol	0.000 mg
Other Organic	n/a g	Beta-Tocotrienol	0.000 mg
		Gamma-Tocotrienol	0.000 mg
		Delta-Tocotrienol	0.000 mg
Vitamins		Vitamin K	0.000 µg
Vitamin A	0.000 µg RAE	Other Vitamins	0.000 mg
Retinol	0.000 µg RAE		
Carotene	0.000 µg RAE	Minerals	
Beta-Carotene	0.000 µg RAE	Calcium	28.574 mg
Alpha-Carotene	0.000 µg RAE		

Recipe/Formula Nutrition Analysis Report for Fu Mint 01

Nutrient	Amount	Nutrient	Amount
Fatty Acid 20:0	0.000 g	Phytosterol	0.000 mg
Fatty Acid 22:0	0.000 g	Stigmasterol	0.000 mg
Fatty Acid 24:0	0.000 g	Campesterol	0.000 mg
Fatty Acid 14:1	0.000 g	Beta-sitosterol	0.000 mg
Fatty Acid 15:1	0.000 g		
Fatty Acid 16:1	0.000 g		
Fatty Acid 16:1 cis	0.000 g		
Fatty Acid 16:1 trans	0.000 g		
Fatty Acid 17:1	0.000 g		
Fatty Acid 18:1	0.000 g		
Fatty Acid 18:1 cis	0.000 g		
Fatty Acid 18:1 trans	0.000 g		
Fatty Acid 20:1	0.000 g		
Fatty Acid 22:1	0.000 g		
Fatty Acid 22:1 cis	0.000 g		
Fatty Acid 22:1 trans	0.000 g		
Fatty Acid 24:1	0.000 g		
Fatty Acid 16:2	0.000 g		
Fatty Acid 18:2	0.000 g		
Fatty Acid 18:2 cis cis	0.000 g		
Fatty Acid 18:2 cis trans	0.000 g		
Fatty Acid 18:2 trans cis	0.000 g		
Fatty Acid 18:2 trans trans	0.000 g		
Fatty Acid 18:2 other	0.000 g		
Fatty Acid 18:3	0.000 g		
Fatty Acid 18:3 Omega 3	0.000 g		
Fatty Acid 18:3 Omega 6	0.000 g		
Fatty Acid 18:4	0.000 g		
Fatty Acid 20:2	0.000 g		
Fatty Acid 20:3	0.000 g		
Fatty Acid 20:3 Omega 3	0.000 g		
Fatty Acid 20:3 Omega 6	0.000 g		
Fatty Acid 20:4	0.000 g		
Fatty Acid 20:4 Omega 3	0.000 g		
Fatty Acid 20:4 Omega 6	0.000 g		
Fatty Acid 20:5	0.000 g		
Fatty Acid 21:5	n/a g		
Fatty Acid 22:2	0.000 g		
Fatty Acid 22:4	n/a g		
Fatty Acid 22:5	0.000 g		
Fatty Acid 22:6	0.000 g		
Sterols			
Cholesterol	0.000 mg		