

Nutrition Facts

About 60 servings per container

Serving size 12.9 g (dry mix only)

Amount per serving

Calories 40

% Daily Value*

Total Fat 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 500mg 22%

Total Carbohydrate 8g 3%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 1g Added Sugars 2%

Protein 1g

Vitamin D 0mcg 0%

Calcium 18mg 2%

Iron 1mg 6%

Potassium 117mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Corn Flour, Spices, Dehydrated Onion, Tomato Powder, Sugar, Salt, Hydrolyzed Soy Protein, Sunflower Oil, Monosodium Glutamate, and Tricalcium Phosphate (to Prevent Caking).

Contains Soy.

Contains a bioengineered food ingredient.